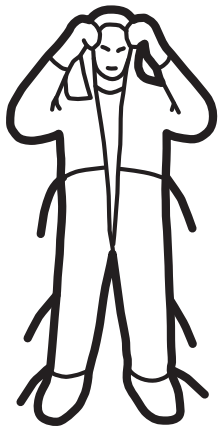


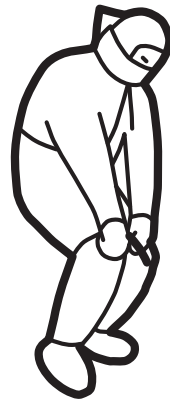
jump in with the legs



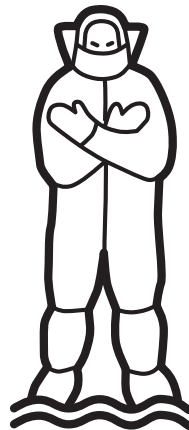
pull hood over head



close main and arm zipper



close foot tapes tightly



enter water feet first